# FOOD ASSISTANCE IN THE MORRISON AREA

#### Morrison Charitable Food Pantry

Location: 629 E. Lincolnway, Morrison, IL (Formerly Hilltop Lanes Bowling Alley)

Scheduled: Non-holiday Thursdays from 8:00 – 10:00 a.m.

Offering produce, dry and canned goods, meat, dairy, and toiletries. Volunteers will assist you at your vehicle. Clients are offered assistance once a month and must bring proof of address when signing up, as service is only provided to those in the Morrison School District #6. You may also pick up for others or have someone pick up for you. To have someone pick up for you, you must fill out a "proxy" form.

#### Ebenezer Reformed Church Produce Giveaway

Location: 309 E. Park Street, Morrison, IL (use back parking lot entrance)

Scheduled: Non-holiday Thursdays at 9:45 a.m.

Fresh produce from the Sauk Valley Foodbank. Just show up. All are welcome!

### Sauk Valley Foodbank Parking Lot Pantry Day Giveaway

Location: 1801 Plant Dr, Sterling, IL (next to Self Help & across the street from Halo)

Scheduled: Non-holiday Saturdays from 10:00 a.m. – 12:00 p.m.

Offering produce, mixed dry goods, bakery items, meat and dairy items. Drive-up into the line of vehicles and volunteers will load your vehicle when you make it up to the building. If you are in the parking lot by noon, you will be served. All are welcome!

#### First Presbyterian Church of Morrison, IL

Location: 100 E. Lincolnway, Morrison, IL

<u>Free Community Drive-Up Meals</u> – Located at the Genesee Street entrance of First Presbyterian Church. Drive-up and free meals are delivered to your vehicle. All are welcome!

Offered January to August – the last Thursday of the month; and September to December – the  $2^{nd}$  Thursday of the month. Meals are served starting at 5:00 p.m. much of the year, with meals starting at 4:30 p.m. during the winter months (November – February).

<u>Free Community Produce Table</u> – Located on the corner of E. Knox Street and N. Genesee Street, next to the First Presbyterian Church. During the growing season, community members and local farmers share fresh produce from their gardens. The rest of the year, it continues to collect general food donations from the community. On Thursdays, Ebenezer and the Food Pantry deliver the remainder of their produce. Donations of fresh produce and canned/boxed goods appreciated. Please, if you can't eat it, don't leave it.

#### **Emmanuel Church Free Meals**

Location: 202 E. Morris Street, Morrison

Scheduled: Wednesdays at 5:30 p.m. – 10 weeks in the winter (mid-January to mid-March)

10 weeks in the fall (mid-September to mid-November)

Free meals are dine-in or drive-thru. All are welcome!

#### Pat's Table

Location: Prophetstown United Methodist Church, 200 W 2nd St, Prophetstown

Scheduled: 2nd Monday of the month for a free meal

4th Monday of the month for a game night and dessert

5 p.m. - 6 p.m.

Updated: January 2024

#### Dinner Church

Location: CrossView Church, 703 14th Ave., Fulton

Scheduled: Wednesdays at 5:30 p.m. – 6 p.m. September through May

Free meals followed by a short time of worship.

#### <u>Golden Meals – Delivery Program</u>

Location: Home delivery service Scheduled: Daily, Monday to Thursday

Offering the delivery of hot mid-day meals to persons 60 years of age and older, or on disability.

Meals are delivered Monday to Thursday, with extra meals available for Friday, as well as frozen meals for the weekend. A suggested donation of \$3 per meal is requested.

Meals may be delivered during a short recuperation period or on a permanent basis. To begin home delivery meal service, call 815-626-4442.

#### Women Infants & Children (WIC) Program

The WIC Program is a supplemental food and nutrition education program intended to improve the nutritional status of women, infants and children. WIC provides a variety of services including financial assistance for certain food items and baby formula.

Women must live in Whiteside County and meet federal income guidelines to be eligible. Call the Whiteside County Health Department: 815-626-2230, ext: 1214 / TDD: 815-772-4044

#### SNAP: Supplemental Nutrition Assistance Program

The Supplemental Nutrition Assistance Program (formerly known as food stamps) provides food assistance to low-income families. SNAP benefits can be used to purchase food items at authorized grocery stores and other retailers, as well as seeds and plants for use in home gardens to produce food.

Additional SNAP Programs include: Cash Assistance, Child Care, Health & Medical Housing, Mental Health, and Youth Services.

Call the DHS Family Community Resource Center in Whiteside County: (815) 632-4045

#### 2-1-1

Individuals and families in our community need quick access to reliable information that addresses their most critical needs. United Way 211 is an easy to remember telephone number that connects callers with free information and referrals for community services within Whiteside County.

Available 24/7, simply dial 2-1-1 to connect to trained staff and volunteers who will listen to your situation and quickly refer you to the most appropriate source of assistance. The network supports multilingual services such as Spanish, Mandarin Chinese and more.

United Way 211 is also available by calling (888) 865-9903, by texting 898-211, and visiting www.findhelp211.org or https://uwwhiteside.org/2-1-1/

United Way 211 offers information on a broad range of services, including: rent assistance, food pantries, affordable housing, health resources, childcare, after-school programs, elderly care, financial literacy, and job training programs.

Further information about local partnering agencies can be found at https://uwwhiteside.org/agency-partners/.

## Love one another. Feed each other.

Updated: January 2024